Community Pharmacy Hypertension
Drug Adherence Program

Presented by:

Cecily DiPiro, PharmD, CDE
PPN Network Administrator

and

Craig M. Burridge, M.S., CAE
CEO
South Carolina Pharmacy Association
Primary Goal of the Hypertension Program

“To improve patient adherence to anti-hypertension medications and improve self-awareness and monitoring of blood pressure”
The Problem

✓ Stroke is ranked fourth for cause of death in the U.S. \(^1\)
✓ Stroke is the leading cause of disability in the U.S. \(^1\)
✓ 77% of patients having a stroke have BP readings of >140/90 mmH. \(^1\)
✓ Other significant risk factors include:
  - Smoking
  - Diabetes Mellitus
  - High Cholesterol
  - Physical Inactivity
  - Obesity
  - Poor Diet
Target Population

- 15 medically underserved counties in South Carolina

• Allendale
• Bamberg
• Calhoun
• Cherokee
• Chester
• Dillon
• Fairfield
• Florence
• Kershaw
• Lee
• Marion
• Orangeburg
• Richland
• Spartanburg
• Union
Target Population

- Any individual who is 18 years and older with uncontrolled hypertension
- Insured or uninsured
- Includes:
  - Medicaid
  - Medicare
  - Private Pay/Self-Insured
  - Privately Insured/HMO/MCO

The grant covers approximately 250 patients each year for four (4) years or 1,000 patients total.
HealthMapRx Care Process

- The HealthMapRx Care Process will consist of a training program for all pharmacists wishing to participate
  - Process of care training
  - Documentation program training
- After training is completed, pharmacists will identify and enroll patients who meet the program criteria.
- Pharmacists can use their own patient database or may reach out to community primary care practices to identify patients with uncontrolled hypertension to refer to this free service
- Pharmacists must commit to participate for the full 12 months of patient enrollment
HealthMapRx Care Process

- Pharmacists will meet with their patients 5 times over 12 months for a maximum of 6 hrs/year
  - The first session will last up to two hours
  - Coaches will then meet once a month for 2 months and then once per quarter with each patient

- Pharmacists will document each patient visit using the HIPAA-compliant, secure documentation program

- Pharmacists are required to maintain (or employer to maintain) professional liability insurance in the amount of $1 million for each occurrence, and $3 million in the aggregate.
  - Proof of annual renewal must be provided to coordinator
Pharmacists who agree to the terms of participation for the Community Pharmacy Hypertension Adherence Program will be trained on the process of care and the documentation platform.

Pharmacists will meet with enrolled patients for 5 coaching sessions over 12 months (not to exceed 6 hours).

The Program will enroll new patients every year for four years.

SCPhA will offer hypertension process of care training for interested pharmacists each year.

Participating pharmacists must be a member of SCPhA.
Questions?

Contact Cecily DiPiro at cdipiro@scrx.org